

Your 4-H story is a very important part of your 4-H record book. It is limited to six (6) pages type written or printed, **double spaced**. Include all your years since joining 4-H. Try to give a complete picture of yourself and your 4-H projects in this story. Do not illustrate your 4-H story.

Follow the outline below to be sure that you included everything you need in your story. Try writing one part at a time – it might take longer to write but will not overwhelm you in one sitting.

### My 4- H Story

#### **About Yourself - Your age, interests, parents, brothers, sisters, where you live, where you go to school.**

Hi my name is Amy Zimmerman and I am 19 years old. My parents names are Linda and Mickey

Zimmerman. I have two sisters and one brother. Heidi Zimmerman is 18 years old and Shannon Zimmerman is 15 years old. Josh Zimmerman is 11 years old. I live at 12200 Red Rock Road in Silver Knolls. I attend Truckee Meadows Community College. I have been at The Child Garden for 1 year and 2 months. The ages I work with are from the age of infants to the age of kindergarten. Sometimes I am at The Child Garden on Reacter Way and at South Meadows. Some of the other hobbies I do are horse back riding, roller skating, babysitting, bike riding, and reading books.

#### **About You & 4-H – When and why you joined, all your projects this year and how long you have worked in each project area, what you learned in 4-H this year.**

I joined 4- H in 1986 because I wanted to learn more about horses and how to ride better. I have been in 4-H for 10 years. The only project area I worked in this year is horse 4-H. I am still learning how to ride better and how the horses mind and body works.

#### **About Your Most Important 4-H Project – What is it, why you are in this project, what you have learned, how your project has grown in size and scope since you started it, some things you have tried successfully or unsuccessfully with this project, your goals for this project.**

The most important 4- H project is horse. I am still working on getting my horse to slow down and setting her head. I have learned that it takes a lot of time and hard work. My 4- H project has grown in size or scope because I have shown in Northern Reno Horseman I s Association, Comstock Arabian Association, Nevada State Horseman's Association and 4-H since I started her. The things that I was a successful with this year were to get her to slow down and I got her to let me carry a bucket which is one of the trail obstacles we have to do. The unsuccessful things that I had with this projet is doing some of the other trail obstacles are doing the gate, dragging sage brush, and walking over the astro truL My goals

for my horse in two years is to have her do flying lead changes and to do trail better. Next year she is going to have a baby.

I am looking forward to going to 4-H Camp as a chaperone next year.

**Highlight Your Other 4-H Projects and Activities – What the projects are and what you have learned from them, what problems you have had, fun experiences you have had, what your future plans are for these projects.**

I just do horse 4- H. I have learned that working with my horse has helped me understand how their body works. The problems I have had trouble doing trail obstacles and keeping her clean for a horse show because she is white. The fun experiences I have had is doing western riding were you change leads in between cones. My future plans for this project is helping younger 4- Hers because I will be an assistant leader with my mom.

**How 4-H Has Helped you – What you have learned about being a citizen and leader, how 4-H has helped you do more for your community or other people around you, what you have learned from team efforts, and other ways 4-H has helped you grow.**

I have had many opportunities in 4- H to be a leader for younger people. I have been a helper and a leader of younger 4- Hers in the horse project. I have had the opportunity to go christmas caroling, collecting canned food for the homeless, to make gifts for the elderly, and to decorate cookies for elderly at a retirement home. I have learned from team efforts that it is easier to get things done and it is fun to get things done that way. Other ways 4- H has helped me work and get along with others. Another way 4- H has helped is to take on more responsibilities.

**Your Future and 4-H – Tell about your future plans in 4-H and in the career you want to pursue when you grow up, tell how 4-H has helped you learn about yourself and about others.**

I plan to stay in 4-H as an assistant leader with my mom in Silver Knolls Spurs and probably a Home Arts 4-H club in Silver Knolls. For the career I want to pursue is to work in the Child Care area. 4-H has helped me be more responsible and to get along with other 4- Hers and people. 4- H has also helped me learn to take responsibilities.